2023-24 TSTCA Indoor Track & Field Schedule

| January 6 | Saturday | TSTCA Meet #1 @ Edinboro University | 10:00 a.m. |
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| January 13 | Saturday | TSTCA Meet #2 @ Edinboro University | 10:00 a.m. |
| January 20 | Saturday | TSTCA Meet #3 @ Edinboro University | 10:00 a.m. |
| January 27 | Saturday | TSTCA Meet #4 @ Edinboro University | 10:00 a.m. |
| February 10 | Saturday | TSTCA Meet #5 @ Edinboro University | 10:00 a.m. |
| February 17 | Saturday | TSTCA Indoor Track & Field Championship @ Edinboro University | 10:00 a.m. |
| February 25 | Sunday | PTFCA Indoor Track & Field Championship @ Penn State University | 10:00 a.m. |

Order of Events for all TSTCA / PTFCA Meets

Track (Women - Men)

 4×800 m Relay, 60m Trials 60m Hurdles Trials, 60m Finals, 60m Hurdles Finals, Mile, 400m, 800m, 200m, 3000m 4×200 m Relay, Distance Medley Relay (1200-400-800-1600), 4×400 m Relay

Field Events

Shot Put (Men / Women), Long Jump (Women / Men), Triple Jump (Women / Men)
High Jump (Men's Starting Height TBA / (Women's Starting Height TBA)
Pole Vault (Women's Starting Heights TBA / Men's Starting Height TBA)